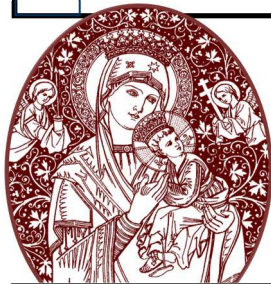




Lenten Services for 2024
 Wednesdays 5:00PM Northern Cambria
 Fridays 3:30 PM Revloc

Know Your Church . . . Laity Formation

Tomorrow, February 12, begins the Great Fast. To keep a good fast, we should begin with the things that the Church points out to us in the weeks that precede the Fast: a desire for God; humility before Him; a desire to return from the exile into which our sins have drawn us; a remembrance of the Last Judgment, and our Lord's words, "Whatsoever you have done for the least of my brothers, you did for me"; and a desire to forgive, and be forgiven. The Church presents us with a required minimum of bodily fasting, and traditional recommendations that go beyond these. Any fasting, of course, is best done under the guidance of a spiritual father; it must take into account our own capacities, and must be done in a way that minimizes pride in our own "accomplishments", as well as any tendency to pay attention to what others do. We can also remove unnecessary distractions from our lives to "make room for God." We can attend the Church's services, on weekdays as well as Sundays, listening to the readings and prayers. We can receive the Mystery of Repentance, and also take advantage of opportunities to be nourished with the Bread of Life in the mystery of Holy Communion. Perhaps even more important, we can take time to foster our own personal prayer. We can learn what it is that God asks of us, and ask Him for the strength and courage to do it. Regular reading of the Scriptures, especially the Gospels, can be a great aid in this process. Finally, by Lenten spiritual reading, through missions, homilies and sermons, and by paying attention to the Church's services as well as God's voice in our hearts and our lives, we can come to appreciate and make our own the "bright sadness" of the Lenten springtime of the Great Fast, which leads to Pascha.



Rev. Fr Andriy Kelt, Pastor
 Very Rev. Fr. Anthony Balistreri
 Fr. Deacon Christopher Bellock
 Fr. Deacon Anthony Dragani, PhD.
 814.948.9193

Anyone wishing to be a member of the parish, contact Fr. Andriy

Immaculate Conception -
 St. Mary's
 Ukrainian Catholic Church
 3711 Campbell Avenue
 Northern Cambria, PA 15714

Holy Protection of the Mother of God
 Ukrainian Catholic Church
 560 Cambria Avenue
 PO Box 194
 Revloc, PA 15948-0194

Immaculate Conception -
 St. Mary's
 Ukrainian Catholic Church
 2024 20th Street
 Altoona, PA 16601





Our Weekly Bulletin

Welcome to our Parish

Glory to Jesus Christ! Glory forever!
 Christ is among us! He is and always will be!

Divine Liturgies and Services for the Week

Sunday, Feb 11	Sunday of Forgiveness - Cheesefare Sunday	✠ Jeanette Ripley from Manculich Family
Feb 12	1st Day of Lent - No meat or dairy	
Feb 13	No Liturgy	
Feb 14	Liturgy of Presanctified Gift — Northern Cambria	5:00PM 
Feb 15	No Liturgy	
Feb 16	Liturgy of Presanctified Gift — Revloc	3:30PM 
Feb 17	No Liturgy	
Sunday, Feb 18	Sunday of Orthodoxy - First Sunday of Lent	✠ Jeff Gummmo from wife

*If you are looking for a closer relationship with Jesus Christ
 and are looking for a home, you are welcome to be part
 of our kid friendly family in Christ. You have found your way home.*

Sunday of Cheese Fare - Forgiveness Sunday

Romans 13:11-14:4

Matthew 6:14-21



Troparion (Tone 4)

When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: “Death has been plundered! Christ our God is risen, granting to the world great mercy.”

Kondakion (Tone 6)

Glory be ... O Master, Guide to Wisdom, Bestower of prudent counsel, Instructor of the foolish and Defender of the poor ones; make firm my heart and give it understanding. Give me a word, O Word of the Father: Behold, I shall not stop my lips from crying out to You: In Your mercy, have mercy on me who am fallen.

Prokeimen (Tone 8)

Pray and give praise to the Lord our God.

Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel.

Pray and give praise to the Lord our God.

Pray and give praise to the Lord our God.

Alleluia

Alleluia, Alleluia, Alleluia

Verse It is good to give praise to the Lord, and to sing to Your name, O Most High.

Alleluia, Alleluia, Alleluia

Verse To announce Your mercy in the morning and Your truth every night.

Alleluia, Alleluia, Alleluia

Communion Verse

Praise the Lord from the heaven; praise Him in the highest. Alleluia. (3)

PARISH NEWS

Weekly Collection - February 4, 2024 - \$227.00. Thank you for your generosity.

Relief for Ukraine - Amount collected to date \$6,483.00.

Saturdays with Jesus - Catechism classes will be March 9th

Adults no class for March and Children 1:30 -? Making pysanky

Pyrohy for Sale - We have pyrohy in the freezer for sale. Please spread the word

to your friends and family. Remember Lent will be here soon and they are great food for Lent. Super Bowl Sunday will be February 11, they make awesome Super Bowl food.

Great Fast - The Great Fast begins tomorrow February 12th. Remember that it is a strict fast day in our church. No meat or dairy is permitted.

Fasting Rules - The Ukrainian Catholic Church encourages as a minimum fasting from meat on Wednesday and Fridays of Lent. The Church encourages you to choose to do more if you are able to do so.

Lenten Services - You are encouraged to attend week day services during the Great Fast.

We will be praying the Liturgy of Presanctified Gifts on Wednesdays and Fridays in Revloc and Northern Cambria. If your schedule does not permit you to attend at the scheduled times set aside time at home for extra pray time or Bible reading.

Prayers for the Deceased - Please turn in the list of names to be prayed for during Lent.

Sorokousty will be prayed weekly here in the parish after week day services.

The names from last year are saved if you need to add any names.

Blessing of Sacred Objects - Next Sunday we honor the Ecumenical Council that permitted us to have icons. Please bring any items that you would like blessed to church next Sunday for Father to bless. There will a table set up for the blessing for you to place your items before Liturgy.

Prayer List

Parishioners: Millie & Steve Deskevich, Connie Butkus, Kathy Ott, Sarah Kelt, Gary Maurer, the Lutak family, Jeremiah Hunt, Margaret Reighard.

Friends of the Parish: Jennifer Maurer, Breanna Borlie, Tom and Kris, Richard Shonk, Ryder McDermitt, Steve Helsel, Patricia Dragani, Eugene, Kevin Rogers, Darla Tishok, the Williams family, Patty Hunt, Kevin Blem, Linda Kusmierski. *To add or remove a name, place your request in the collection basket.*

Joke of the Day

While volunteering in a soup kitchen, I hit it off with a very attractive single man. It was a relief, since my mother and I always laughed because the men to whom I was drawn were inevitably married. So, optimistic about my chances, I asked my new friend what he did for a living. He replied, “I’m a priest.”