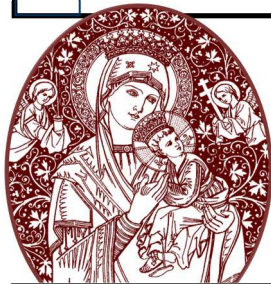




Lenten Services for 2024
 Wednesdays 4:00PM Northern Cambria
 Fridays 3:30 PM Revloc

Know Your Church . . . Laity Formation

On the second Sunday of Great Lent, we commemorate St. Gregory Palamas. Fittingly, in the day's Epistle, St. Paul reverberates prayerful words of the Psalms, reminding us to pay closer attention. How do we pay closer attention to what we have heard? Typically, we seek quietude. At times, however, perhaps more often than not, it is difficult to find a time or place to be quietly still in this world. Stillness, as long as it is dependent upon the conditions outside of us, seems impossible. Thankfully, we have the example of the saints to better understand a stillness beyond the noise around us. Truly a guiding light of the Eastern Christian and a messenger of grace, St. Gregory, as a teacher and defender of hesychasm, reminds us how to pay closer attention by drawing upon words spoken long before his lifetime: "Be still," as God told Cain. Through prayerful stillness of the heart, we become attentive to what we have heard. What we have heard is the Word of God. Certainly, we hear the Word through Scripture. Beyond that, however, the Word is God. Through prayerful stillness of the heart, we cultivate a living relationship with God—growing more perfectly united with God, and by virtue of this union, we unite with each other. Through prayerful stillness of the heart, our service to others becomes informed by Christ Himself. Regardless of the chaos around us, a soul that is prayerfully still will keep anchored to God, lest we drift away from Him. (Danielle Xanthos, MA, MDiv)



Rev. Fr Andriy Kelt, Pastor
 Very Rev. Fr. Anthony Balistreri
 Fr. Deacon Christopher Bellock
 Fr. Deacon Anthony Dragani, PhD.
 814.948.9193

Anyone wishing to be a member of the parish, contact Fr. Andriy

Immaculate Conception -
 St. Mary's
 Ukrainian Catholic Church
 3711 Campbell Avenue
 Northern Cambria, PA 15714

Holy Protection of the Mother of God
 Ukrainian Catholic Church
 560 Cambria Avenue
 PO Box 194
 Revloc, PA 15948-0194

Immaculate Conception -
 St. Mary's
 Ukrainian Catholic Church
 2024 20th Street
 Altoona, PA 16601





Our Weekly Bulletin

Welcome to our Parish

Glory to Jesus Christ! Glory forever!
 Christ is among us! He is and always will be!

Divine Liturgies and Services for the Week

Sunday, Feb 25	Sunday of Gregory Palamas - Second Sunday of Lent	Margaret Reighard
Feb 26	No Liturgy	
Feb 27	No Liturgy	
Feb 28	Liturgy of Presanctified Gift — Northern Cambria	4:00PM 
Feb 29	No Liturgy	
Mar 1	Liturgy of Presanctified Gift — Revloc	3:30PM 
Mar 2	No Liturgy	
Sunday, Mar 3	Sunday of the Veneration of the Holy Cross Third Sunday of Lent	Charlie Lutak from Stephen Lutak

If you are looking for a closer relationship with Jesus Christ and are looking for a home, you are welcome to be part of our kid friendly family in Christ. You have found your way home.

Second Sunday of the Great Fast - St. Gregory Palamas

Hebrews 1:10-2:3



Mark 2:1-12

Troparion (Tone 6)

Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory to You!

Kondakion (Tone 4)

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever Amen. The time for action is now revealed; the Judge is at the door. Let us rise then and keep the fast, offering tears of contrition with alms and crying aloud: our sins are more numerous than the sands of the sea, but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimen (Tone 5)

You, O Lord, will guard us and will keep us from this generation and for ever.

verse: Save me, O Lord, for there is no longer left a just man.

You, O Lord, will guard us and will keep us from this generation and for ever.

Alleluia

Alleluia, Alleluia, Alleluia

Verse Your mercies, O Lord, I will sing forever;
from generation to generation I will announce Your truth with my mouth.

Alleluia, Alleluia, Alleluia

Verse For You have said: Mercy shall be built up forever;
In the heavens Your truth shall be prepared.

Alleluia, Alleluia, Alleluia

*Turn to page 274 to page 295 for St Basil's Liturgy in the blue book.
After the Hymn to the Mother of God, turn to page 153 in the blue book.*

Communion Verse

Praise the Lord from the heaven; praise Him in the highest.
Rejoice in the Lord, O you just; praise befits the righteous, Alleluia. (3)

PARISH NEWS

Weekly Collection - February 18, 2024 - \$255.00. Thank you for your generosity.

Relief for Ukraine - Amount collected to date \$6,483.00.

Saturdays with Jesus - Catechism classes will be March 9th

Adults no class for March and Children 1:30 -? Making pysanky

Pyrohy for Sale - We have pyrohy in the freezer for sale. Please spread the word to your friends and family. Remember Lent will be here soon and they are great food for Lent.

Lenten Services - You are encouraged to attend week day services during the Great Fast. We will be praying the Liturgy of Presanctified Gifts on Wednesdays and Fridays in Revloc and Northern Cambria. If your schedule does not permit you to attend at the scheduled times set aside time at home for extra pray time or Bible reading.

Easter Bake Sale - Please spread the word to your friends and family about our bake sale. Please help to get orders to make the bake sale a success.

Prayer List

Parishioners: Millie & Steve Deskevich, Connie Butkus, Kathy Ott, Sarah Kelt, Gary Maurer, the Lutak family, Jeremiah Hunt, Margaret Reighard.

Friends of the Parish: Jennifer Maurer, Breanna Borlie, Tom and Kris, Richard Shonk, Ryder McDermitt, Steve Helsel, Patricia Dragani, Eugene, Kevin Rogers, Darla Tishok, the Williams family, Patty Hunt, Kevin Blem, Linda Kusmierski. *To add or remove a name, place your request in the collection basket.*

Joke of the Day

An insurance agent called our medical office. One of our doctors had filled out a medically necessary leave-of-absence form for a patient, but, the agent said, the patient had altered it. The giveaway? The return-to-work date had been changed to February 30.

My mother was rushed to the hospital following a serious tumble. There the staff placed a band around her wrist with large letters warning: Fall Risk. Unimpressed, Mom said to me, "I'll have them know I'm a winter, spring, and summer risk too."