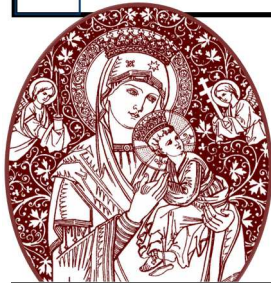




Lenten Services for 2024  
 Wednesdays 4:00PM Northern Cambria  
 Fridays 3:30 PM Revloc

Know Your Church . . . Laity Formation

On the third Sunday of Great Lent, Mark’s Gospel reminds us that following Christ requires work. In this season, the Church offers fasting, prayer, and giving as part of this work. These disciplines are ways we can each follow Christ. Commenting on another Lenten Gospel (Mt 6:1 ff.), read during Great Compline earlier in the fast, the Blessed Theophylact— 11th and 12th century Archbishop of Bulgaria—suggests how we can achieve the goals set before us in a proper way. Giving alms is a private discipline and calls for humility: “When you give alms, let not your left hand know what your right hand does” (Mt 6:3). “The left hand,” writes Theophylact, “represents vainglory and the right hand, almsgiving. Let not your vainglory be aware of your almsgiving.” Likewise, prayer is for personal spiritual growth, not display: “When you pray, enter into your inner chamber and when you have shut your door, pray to your Father Who is in secret” (Mt 6:6). “Should I not then pray in church?” asks the bishop. “Indeed I should, but with a right mind and not for show. It is not the place which harms prayer, but the manner and the intent with which we pray.” Finally, why do we pray? “Not to inform God of anything,” Theophylact writes, “but instead, that we may detach ourselves from the cares of life and receive benefit by conversing with God.” This, in the end, is the aim of our Lenten disciplines and in part what it means to take up our cross. May we each earnestly, humbly seek our Lord this Lent. (Rev. Father John Salem)



Rev. Fr Andriy Kelt, Pastor  
 Very Rev. Fr. Anthony Balistreri  
 Fr. Deacon Christopher Bellock  
 Fr. Deacon Anthony Dragani, PhD.  
 814.948.9193

Anyone wishing to be a member of the parish, contact Fr. Andriy

Immaculate Conception - St. Mary’s Ukrainian Catholic Church 3711 Campbell Avenue Northern Cambria, PA 15714	Holy Protection of the Mother of God Ukrainian Catholic Church 560 Cambria Avenue PO Box 194 Revloc, PA 15948-0194	Immaculate Conception - St. Mary’s Ukrainian Catholic Church 2024 20th Street Altoona, PA 16601
--	--	---





# Our Weekly Bulletin

## Welcome to our Parish

Glory to Jesus Christ! Glory forever!  
 Christ is among us! He is and always will be!

### Divine Liturgies and Services for the Week

<b>Sunday, Mar 3</b>	Sunday of the Veneration of the Holy Cross Third Sunday of Lent	✠ Charlie Lutak from Stephen Lutak
<b>Mar 4</b>	No Liturgy	
<b>Mar 5</b>	No Liturgy	
<b>Mar 6</b>	Liturgy of Presanctified Gift — Northern Cambria	4:00PM 
<b>Mar 7</b>	No Liturgy	
<b>Mar 8</b>	Liturgy of Presanctified Gift — Revloc	2:00PM 
<b>Mar 9</b>	No Liturgy	
<b>Sunday, Mar 10</b>	Sunday of St. John of the Ladder Fourth Sunday of Lent	✠ Charles Lutak from Matthew Woznak

*If you are looking for a closer relationship with Jesus Christ and are looking for a home, you are welcome to be part of our kid friendly family in Christ. You have found your way home.*

# 3rd Sunday of the Great Fast - Veneration of the Life-giving Cross

Hebrews 4:14-5:6



Mark 8:34-9:1

### Troparion (Tone 7)

By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrh-bearers to joy, and charged the apostles to proclaim that You are risen, O Christ our God, offering great mercy to the world.

### Troparion of the Cross (Tone 1)

Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

### Kondakion (Tone 7)

Glory be ... No longer does the flaming sword guard the gate of Eden; the tree of the Cross has quenched its flames gloriously. The sting of death and the victory of Hades are banished, and You O my Savior, came and called to those in Hades; "Return again to Paradise!"

Instead of Holy God: To Your Cross, O Master..

### Prokeimen (Tone 6)

Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

Save Your people, O Lord, and bless Your inheritance.

### Alleluia

Alleluia, Alleluia, Alleluia

Verse Remember Your congregation which You acquired from the beginning.

Alleluia, Alleluia, Alleluia

Verse But God is our king before ages; He has wrought salvation in the midst of the earth.

Alleluia, Alleluia, Alleluia

### Communion Verse

Praise the Lord from the heaven; praise Him in the highest.

Rejoice in the Lord, O you just; praise befits the righteous, Alleluia. (3)

# PARISH NEWS

**Weekly Collection** - February 25, 2024 - \$457.00. Thank you for your generosity.

**Relief for Ukraine** - Amount collected to date \$6,483.00.

**Saturdays with Jesus** - Catechism classes will be March 9th

Adults no class for March and Children 1:30 -? Making pysanky

**Pyrohy for Sale** - We have pyrohy in the freezer for sale. Please spread the word to your friends and family. Remember Lent will be here soon and they are great food for Lent.

**Lenten Services** - You are encouraged to attend week day services during the Great Fast.

We will be praying the Liturgy of Presanctified Gifts on Wednesdays and Fridays in Revloc and Northern Cambria. If your schedule does not permit you to attend at the scheduled times set aside time at home for extra pray time or Bible reading.

**Easter Bake Sale** - Please spread the word to your friends and family about our bake sale.

Please help to get orders to make the bake sale a success.

### Prayer List

**Parishioners:** Millie & Steve Deskevich, Connie Butkus, Kathy Ott, Sarah Kelt, Gary Maurer, the Lutak family, Jeremiah Hunt, Margaret Reighard.

**Friends of the Parish:** Jennifer Maurer, Breanna Borlie, Tom and Kris, Richard Shonk, Ryder McDermitt, Steve Helsel, Patricia Dragani, Eugene, Kevin Rogers, Darla Tishok, the Williams family, Patty Hunt, Kevin Blem, Linda Kusmierski. *To add or remove a name, place your request in the collection basket.*

### Joke of the Day



"THEY PUT PICTURES ON THEM SO THE RABBITS WILL KNOW WHAT THEY'RE EATING."

### SPRING FORWARD



Don't forget to turn your clocks ahead next Saturday when you go to bed on March 9th